

## More Information

The Garland Church Food Pantry is an outreach of the Wednesday Night Community Journey Group. We welcome your donations at either location, however, to be adequately monitored for usage, we prefer donations to be given personally or at the Garden Cart in the Garland Church foyer. Please call for more info.

 John at (626) 590-6332

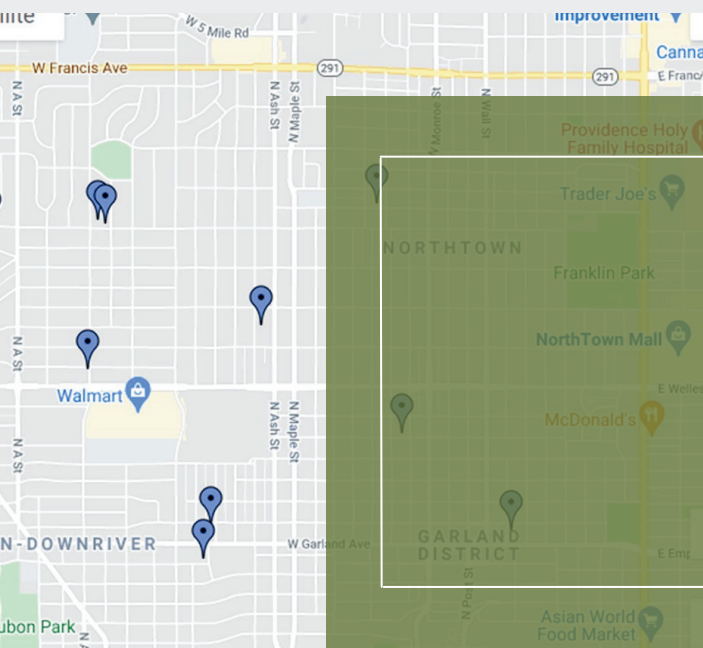
## Partnerships

The Garland Church Food Pantry is a registered Little Free Pantry of Spokane.



[www.littlefreepantry.org](http://www.littlefreepantry.org)

The mini pantry movement activates neighbor engagement with food insecurity.



### LITTLE FREE PANTRY

The mini pantry movement is a grassroots, crowdsourced solution to immediate and local need. Whether a need for food or a need to give, mini pantries help feed neighbors, nourishing neighborhoods.

## Food Pantry

of Garland Church



Food Pantry

TAKE WHAT YOU NEED  
LEAVE WHAT YOU CAN

<http://mapping.littlefreepantry.org/pantry/2506>

[WWW.GARLANDCHURCH/NEIGHBORHOOD](http://WWW.GARLANDCHURCH/NEIGHBORHOOD)

## From Garden Cart to Food Pantry

The Garden Cart is the main conduit for donations going to and from the Food Pantry.



### 1 Garden Cart in the Foyer at Garland Church

Anyone is welcome to donate items at the Garden Cart. The team monitors the cart and delivers items to an offsite location for storage until needed. Fresh Items and those not on the approved list are available for anyone to take.



### 2 Food Pantry at Garland Church



2011 W Garland Avenue  
(Along Cannon St and just across  
from the Shadle Post Office)

Anyone in need is free to take food,  
notes of encouragement or a  
New Testament from the Food Pantry.

Any items donated at the Food Pantry that  
are not on the approved list will be moved  
to the Garden Cart for anyone to take.

The Garland Team stocks  
the Food Pantry from  
Garden Cart donations

100 pounds of food  
move through the  
Garland Food Pantry  
each week

# Donation Guidelines FOR WINTER

Soups  
Ramen Noodles  
Tuna Packets  
Hamburger Helper  
Rice Dish Packets  
Fruit Cups  
Drinking Water  
Pancake Mix  
Jelly  
Nut Butters  
Fruit Roll-ups  
Granola Bars  
Raisins  
Snack Mixes  
Breakfast Bars  
Beef Jerky  
Shelf Stable Milk  
Juice Boxes  
Baby Food  
Nuts  
Cereal  
Baking Supplies  
Feminine Care  
Products  
Deodorant  
Toothbrush/Paste  
New Socks/Gloves  
Bar Soap  
Toilet Tissues  
Baby Wipes  
Kleenex  
Diapers

Mac & Cheese  
Canned Veggies  
Canned Meats  
Applesauce  
Tomato Sauce  
Canned Tomatoes  
Noodles, Pasta & Rice  
Canned Beans  
Instant Milk  
Instant Potatoes  
Instant Rice  
Canned Fruit  
Canned Potatoes

#### NOT ACCEPTED

(per WA State Dept of Health)

- Temperature Sensitive items- including canned tuna
- Glass containers
- Carbonated Drinks
- Fresh or perishable items- including bread, meat and cheese.
- Items that don't fit in the pantry box.
- Items left on the ground.
- Items without labels will be discarded.

Thanks for understanding!

TAKE WHAT YOU NEED  
GIVE WHAT YOU CAN